

Registration Form

Paramount Center for the Arts presents

Encore Arts 55 at Benedict Village



Paramount Center for the Arts will provide the first of three fabulous arts experiences starting Tuesday, October 15th! Funding is provided by Minnesota State Arts Board (MSAB) as part of their Arts Learning Grant to continue our work with creative aging. Come join in these classes led by outstanding teaching artists.

On the Move – Dining Room

Tuesdays • Oct 15 – Dec 10th • 9:30AM – 11:00AM

Dance Demonstration

Tuesday • Dec 17th • 2:15PM

Leigh Dillard, nationally acclaimed professional dance artist, professor, choreographer, along with internationally trained touring ballerina and MN Dance Ensemble director, Samantha Collen, will share (9) weeks exploring body movement through rhythm and music. Their goal is to help residents find joy in moving more freely and listening to breathing, to improve core strength, flexibility and endurance. Participants will be exposed to various movement philosophies along with modern dance and improvisation.

Name _____ Phone Number _____

Address _____

Email Address _____

Emergency Contact Name _____

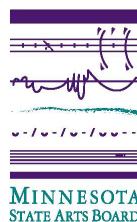
Emergency Contact Phone _____

Is there anything you would like the artists to know regarding any limitations or concerns you have about participating in the class? _____

Signature: _____

_____ \$10 registration fee (checks payable to Paramount Center for the Arts)

_____ Scholarship requested



This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

